

| <b>Project Brief</b>   |                               |
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| <p><i>The Project Brief is the <b>first</b> thing to do. It should be completed before <b>any</b> activity of any sort takes place. This is because the Brief is the document that subject to authorisation triggers the development of the Business Case.</i></p> |                               |
| <b>Project Name</b>  | Tadcaster Stingrays           |
| <b>Project Manager</b>   | Fiona Garnett/Jemima Browning |
| <b>Document Author</b> (if different from Project Manager)   | Fiona Garnett                 |
| <b>Organisation Name</b>   | Tadcaster Swimming Pool Trust |



### **Benefit**

Following the incredible ongoing success of the Tadcaster Stingrays, which was set up by a young teenager, Jemima Browning, I would like to see Jemima rewarded by gaining the funding to pay for her Swimming Teacher qualifications.

Up to now, she has not been old enough to do these qualifications but has always shown a keen interest and has completed many voluntary hours coaching the Stingrays. The benefit of Jemima having these qualifications will not only be for the Stingrays group but also benefit the swim teaching team by utilising Jemima as a swimming teacher on the Swimming Development Team. I feel she would be a tremendous asset to the team.

### **Details of the Project**

The reason for this application is to secure funding for an aspiring female swim coach (Jemima Browning) to undertake Swim England Level 1 and 2 swimming teacher/coach qualifications over the next 12 months with Swim England.

The story behind this application is outlined below and I personally believe there has never been a more deserving applicant for funding

As the person in charge of Swimming Lessons, I am always on the lookout for pool helpers to help the qualified swimming teacher with the young children in the water. As a helper, they work alongside qualified swimming teachers.

The swimming teachers have nothing but praise for Jemima in her work as a pool helper. She works in a professional way and managed to get the best out of the children, disability or no disability.

Jemima has shown a desire to help and has shown a particular interest in those children with disabilities. For the last 2 years, she has assisted voluntarily with our Special Needs group which caters for younger children and was attended by her younger brother William who has Downs Syndrome.

Jemima has shown a special passion for giving the same opportunity of those in the Special Needs group for older teenagers with disabilities. She wanted to give them a 'chance in life to achieve the best they can'

Jemima has pestered – (for want of a better word) and in a very pleasant way - the life out of me, to start a group to cater for older children with disabilities within the Swimming Programme.

A discussion took place as long ago as October 2015. We then had to source a qualified coach who could lead the group.

Following this meeting Jemima decided to design a logo and came up with a name for this group. At this point I thought, "This girl is not going to let this go!"

I am not embarrassed to say that **SHE INSPIRED ME!**

I then successfully applied to North Yorkshire Sport for funding to assist us with costs for launching the Tadcaster Stingrays group.

With the help of the funding from North Yorkshire Sport, the **TADCASTER STINGRAYS** was born. The launch on 13<sup>th</sup> May 2016 with just 2 children was the start of it.

The groups' aims are to provide a swim training session for 11 – 18 year olds who have a disability, who can swim 25 metres but wish to continue swimming for fitness, stamina and stroke technique.

Jemimas' belief is 'NEVER GIVE UP, TRY YOUR BEST, IT MAY JUST TAKE A LITTLE LONGER'

From this little acorn, we now have a vibrant group of 10 children with a variety of disabilities attending the sessions.

With Jemima in the water, she is able to show the young people how and what to do to improve their skills and she is also able to help control the group.

These children who are known to experience many day to day difficulties in life ranging from, ISOLATION, BULLYING, INDIVIDUAL DISABILITY DIFFICULTIES, are now blossoming into happy, cheerful, sometimes competitive young people who have a 'group to belong to'.

Not satisfied with just setting up the group, Jemima has inspired Radio York, BBC Look North to interview her to find out what the TADCASTER STINGRAYS are all about.

A variety of videos, TV newsreels and interviews have taken place over the last few months. This has all helped to advertise the group and to help it grow.

To date Jemima has received several awards for her hard work, enthusiasm and inspirational behaviour.

2017 one of 20 young people to be awarded THE DIANA AWARD Read more at:  
<http://www.wetherbynews.co.uk/news/a-humbling-experience-of-lifetime-1-8587598>

2016 Both Jemima and her brother William were chosen to sit on the European Youth Activation Committee and attended their first meeting in Frankfurt in November last year.

Jemima is the driving force behind the growth of the Tadcaster Stingrays.

The group now have their own identity with swim caps and Hoodies to wear.

I have never come across such a delightful, thoughtful, inspiring, ambition driven young person who is changing the lives of other for the better.

Jemima and her family live in Stutton and are regular users of the town and the Pool with both girls attending and competing for the Tadcaster Swim Squad.

Brother William has just been selected to represent Great Britain in the Downs Syndrome Swimming Group in Paris in November 2017 and Canada in 2018.

### **Project Objectives**

By gaining funding for Jemima to undertake her Swim England Teacher/ Coach certification, this is ensuring the future of the Stingrays group.

Jemima will then be able to lead the Stingrays sessions and become part of the bank of swimming teachers at Tadcaster Pool.

Jemima is now an ambassador worldwide after being awarded the DIANA AWARD and can use that platform for not only her future development but also use the influence to promote others to follow in her footsteps.

The Tadcaster Stingrays have had a Christmas party, organised by Jemima. This was held at the local Everything Good Goes who made provision to accommodate the group. In many cases, this was the first experience of being part of a social group as by admission from the parents, they quite often do not get party invitations.

As a group, they all recently attended the Tadcaster Triathlon and had the opportunity to witness the Invictus Team which is made up of military personnel who have suffered some sort of trauma or injury that has affected their lives. This was extremely motivational for all the Stingrays.

The Stingrays offers support to a group of young people aged between 8 and 18 years with a variety of disabilities.

The personal development of all the children has been inspired by Jemima who shows such enthusiasm to help, support and encourage them to achieve the best they can.

There appear to be very few groups that can offer this life skill that they will all be able to take into later life. Improvement in Health and wellbeing is evident in all cases and I would include the parents in this as well. Chatting to the parents after the sessions and attending the get togethers the isolation they felt has now disappeared.

Belonging to a recognised group has been the main effect for both parents and children.

## **Benefits**

The Stingrays offers a specific group for children aged between 8 and 18 years who have A disability. It would appear that there is a specific shortage of such groups within the CEF area. By getting funding for Jemima's qualifications means that the group can not only continue but can also expand.

I also believe that having someone who is so passionate about the cause may be an opportunity for the Tadcaster CEF to approach Jemima to become a Youth Representative on the forum. She would be a real asset to the group.

As previously mentioned, the group also uses other facilities in the town and encourages other visitors to the whole town showing off what the community has on offer.

It is hoped to hold a swimming gala, inviting other swimmers from other disability swimming groups to Tadcaster Pool in 2018.

## **Project Approach / Delivery Options**

I will source suitable Swim England courses for not only Jemima to attend but also the other coaches involved with Stingrays.

## **Project Timescales (Milestones)**

*Outline the overall timescale for project completion and include delivery phases together with milestone dates and funding deadlines, if appropriate. Your knowledge may be based on assumptions at this stage.*

## **Project Resources (people and money)**

*These will be indicative at this early stage. However, on the basis of what you expect the project to look like, indicate your estimates together with the assumptions made in making the calculations.*

- **Costs** – £1000

## **Funding**

All from CEF but can utilise some of the fundraising already raised towards the Stingrays fund if necessary although this has been designated for extra equipment and kit for the Stingrays.

## **Risks / Issues**

No risks other than providing continued coaching support for the Stingrays.

## **Links and Dependencies**

None

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